



Countries with a stand-alone national suicide prevention
strategy/policy/plan/programme/legislation

Professor Emeritus Stephen Platt
Ms Camila Siebert Altavini

V5.1, August 2023

E: steve.platt@ed.ac.uk

E: camila.saltavini@gmail.com

Countries with a stand-alone national suicide prevention strategy/policy/plan/programme/legislation¹

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|-------------|-------------|---------------------------|--|----------|------------------|--------------------------|
| Afghanistan | EMR | LI | <i>National Suicide Prevention Strategy</i> https://moph.gov.af/sites/default/files/2019-09/%D8%A7%D8%B3%D8%AA%D8%B1%D8%A7%D8%AA%DB%8C%DA%98%DB%8C%20%D9%85%D9%84%DB%8C%20%D9%88%D9%82%D8%A7%DB%8C%D9%87%20%D8%A7%D8%B2%20%D8%AE%D9%88%D8%AF%DA%A9%D8%B4%DB%8C%202019.pdf | English | 2019 | 2018-2022 |
| Argentina | AMR | UMI | <i>Ley nacional de prevencion del suicidio (National law for the prevention of suicide) Decreto (Decree) 603/2021</i> https://www.argentina.gob.ar/normativa/nacional/353991/texto#:~:text=Que%20la%20Ley%20N%C2%BA%2027.130,riesgo%20de%20suicidio%20y%20la <i>Ley 27.130 Ley Nacional de Prevención del Suicidio (National Suicide Prevention Act)</i> https://extranet.who.int/mindbank/item/5624 | Spanish | 2021 2015 | NA NA |

¹ “Stand-alone”: not integrated into mental health or other health strategy/policy/plan/programme/legislation. *Strategy*: unified, structured and integrated blueprint that is designed to achieve specific objective (prevention of suicide). *Policy*: course or principle of action proposed or adopted by government or authorised by a (suicide prevention) agency. *Plan*: programme or scheme for a definite purpose (prevention of suicide). *Programme*: an inter-related set of measures or activities undertaken to achieve a long-term aim/goal (prevention of suicide). *Legislation*: law (relating to prevention of suicide) passed by the legislative branch of government.

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|-----------|-------------|---------------------------|---|----------|------------------|----------------------------|
| Australia | WPR | HI | <i>The Fifth National Mental Health and Suicide Prevention Plan (and accompanying implementation plan)</i> https://www.mentalhealthcommission.gov.au/getmedia/0209d27b-1873-4245-b6e5-49e770084b81/Fifth-National-Mental-Health-and-Suicide-Prevention-Plan [Plan] https://extranet.who.int/mindbank/item/6781 [Implementation plan] | English | 2019 | 2017-2022 |
| Austria | EUR | HI | <i>(Suicide Prevention Plan)</i> https://extranet.who.int/mindbank/item/4036 <i>SUPRA (Suicide Prevention Austria) Handbook</i> https://www.psihijatrija.hr/site/wp-content/uploads/2022/06/SUPRA-Handbook.pdf | German | 2011 2022 | ??? |
| Belarus | EUR | UMI | <i>(Order number 575 on measures for the prevention of suicide and assisting persons who committed suicide attempts)</i> https://extranet.who.int/mindbank/item/3740 https://extranet.who.int/mindbank/item/6756 | Russian | 2007, 2015 | ??? |
| Bhutan | SEAR | LMI | <i>Suicide prevention in Bhutan. A three year action plan, July 2015-June 2018</i> https://extranet.who.int/mindbank/item/6176 <i>Suicide prevention in Bhutan — a five year action plan (2018-2023)</i> https://www.moh.gov.bt/wp-content/uploads/ict-files/2021/05/NSPP-Action-Plan.pdf | English | 2015 2018 | 2015-2018 2018-2023 |

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|--------------|-------------|---------------------------|--|------------|------------------|--------------------------|
| Brazil | AMR | UMI | <p><i>Agenda de Ações Estratégicas para a Vigilância e Prevenção do Suicídio e Promoção da Saúde no Brasil 2017-2020 (Strategic actions for surveillance and prevention of suicide and promotion of health in Brazil, 2017-2020)</i> https://www.neca.org.br/wp-content/uploads/cartilha_agenda-estrategica-publicada.pdf</p> <p><i>LEI Nº 13.819 (Institui a Política Nacional de Prevenção da Automutilação e do Suicídio) – 2019 (Law #13.819)</i> http://www.planalto.gov.br/ccivil_03/_ato2019-2022/2019/lei/l13819.htm</p> | Portuguese | 2017 | 2017-2020 |
| Bulgaria | EUR | UMI | <p><i>(National programme prevention of suicide in Republic of Bulgaria 2013-2018)</i> https://extranet.who.int/mindbank/item/6090 https://extranet.who.int/mindbank/item/6089</p> | Bulgarian | 2013 | 2013-2018 |
| Chile | AMR | HI | <p><i><u>Programa nacional de prevención del suicidio: Orientaciones para su implementación (National program for the prevention of suicide: Guidelines for implementation)</u></i> https://extranet.who.int/mindbank/item/5651</p> <p><i>Programa Nacional de Prevención del Suicidio (National suicide prevention programme)</i> http://www.dipres.gob.cl/597/articles-212538_doc_pdf1.pdf</p> | Spanish | 2013 2015 | ??? |
| Cook Islands | WPR | NC | <p><i>Cook Islands National Suicide Prevention Strategy 2016-2020</i> https://extranet.who.int/mindbank/item/6984</p> | English | 2016 | 2016-2020 |

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|--------------------|-------------|---------------------------|---|----------|------------------|--------------------------|
| Costa Rica | AMR | UMI | <i>Expediente No. 17.847 — Creación del Instituto Nacional de Prevención de Suicidios (Document No. 17.847 — Creation of the National Institute of Suicide Prevention)</i> https://extranet.who.int/mindbank/item/3049 | Spanish | 2010 | ??? |
| Croatia | EUR | HI | <i>Program Prevencije Samoubojstava Kod Djece I Mladih, Za Razdolje 2011-2013. (Program for preventing suicide among children and youths: 2011-2013)</i> https://extranet.who.int/mindbank/item/2113 | | | |
| Cuba | AMR | UMI | <i>Programa nacional de prevención y atención a la conducta suicida (National program for prevention of and attention to suicidal behaviour)</i> Document unavailable Later document relating to 2021-2023?? | Spanish | 2000 | ??? |
| Czech Republic | EUR | HI | <i>(National Action Plan for Suicide Prevention 2020-2030)</i> https://extranet.who.int/mindbank/item/7419 | Czech | ??? | 2020-2030 |
| Denmark | EUR | HI | <i>National Mental Health Strategy and Programme for Suicide Prevention 2020–2030</i> https://julkaisut.valtioneuvosto.fi/handle/10024/162234 | Danish | 2006 | ??? |
| Dominican Republic | AMR | UMI | <i>Programa de prevención de la conducta suicida en la República Dominicana 2014 (Prevention program in suicidal behavior the Dominican Republic 2014)</i> https://extranet.who.int/mindbank/item/6094 | Spanish | 2014 | |
| Fiji | WPR | UMI | <i>Fiji National Mental Health and Suicide Prevention Policy 2015</i> https://extranet.who.int/mindbank/item/5909 | English | 2015 | 2015-2020 |

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|---------|-------------|---------------------------|---|-----------|------------------|--------------------------|
| Finland | EUR | HI | <p><i>National Mental Health Strategy and Programme for Suicide Prevention 2020–2030</i> https://julkaisut.valtioneuvosto.fi/handle/10024/162234</p> <p><i>Providing a Safe Environment for Our Children and Young People: Finland's national action plan for injury prevention among children and youth</i> https://extranet.who.int/mindbank/item/1779</p> | English | 2020 | 2020–2030 |
| France | EUR | HI | <p><i>Programme National d'Actions Contre le Suicide, 2011–2014 (French National Program Against Suicide, 2011–2014)</i> https://extranet.who.int/mindbank/item/857</p> <p><i>Feuille de route de la sante mentale et psychiatrique (Roadmap to mental and psychiatric health), chapter 6 Mettre à disposition des agences régionales de santé, un ensemble d'actions intégrées de prévention du suicide (Provide regional health agencies with a set of integrated actions for the prevention of suicide)</i> https://solidarites-sante.gouv.fr/IMG/pdf/180628_-_dossier_de_presse_-_comite_strategie_sante_mentale.pdf</p> | French | ??? | 2011–2014 |
| | | | | | 2018 | ??? |
| Guyana | AMR | UMI | <p><i>National Suicide Prevention Plan</i> https://extranet.who.int/mindbank/item/6321</p> <p><i>Suicide Prevention Act 2022</i> https://officialgazette.gov.gy/images/gazette2022/nov/Extra_15NOVEMBER2022Act19of2022.pdf</p> | English | 2014 | 2015–2020 |
| | | | | | 2022 | |
| Iceland | EUR | HI | <p><i>(Action plan to reduce suicides in Iceland)</i> https://extranet.who.int/mindbank/item/7007</p> | Icelandic | 2018 | ??? |

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|---------|-------------|---------------------------|---|----------|------------------|---------------------------------|
| India | SEAR | LMI | <i>National Suicide Prevention Strategy</i> https://main.mohfw.gov.in/sites/default/files/National%20Suicide%20Prevention%20Strategy.pdf | English | 2022 | 2022–2032 (?) |
| Iran | EMR | LMI | (Iran National Suicide Prevention Program) https://www.mhinnovation.net/innovations/iran-national-suicide-prevention-program https://pubmed.ncbi.nlm.nih.gov/34042463/ [summaries, not full descriptions] | English | | |
| Ireland | EUR | HI | <i>Reach Out. Irish National Strategy for Action on Suicide Prevention 2015–2020 [2024]</i> https://extranet.who.int/mindbank/item/4987 | English | 2015 | 2015–2020 [extended to 2024] |
| | | | <i>Connecting for Life: Ireland’s National Strategy to Reduce Suicide 2005–2014</i> https://extranet.who.int/mindbank/item/5640 | English | 2005 | 2005–2014 |
| Israel | EUR | HI | <i>National suicide prevention program</i> https://www.health.gov.il/English/MinistryUnits/HealthDivision/MedicalAdministration/Psychology/Pages/suicide-prev.aspx [press release, not full statement of program] https://www.gov.il/en/departments/national-suicide-prevention-program/govil-landing-page [information on suicide (prevention) but not full statement of program] | English | 2013 | 2014– |
| Italy | EUR | HI | <i>Piano suicidi approvato 2017 (National Plan for preventing suicide in the adult population in prison 2017)</i> https://extranet.who.int/mindbank/item/6758 | Italian | 2017 | NA |
| | | | <i>National Plan for preventing suicide in minors in the penal circuit 2017</i> https://extranet.who.int/mindbank/item/6759 | | 2017 | NA |

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|-----------|-------------|---------------------------|--|---|------------------------|----------------------------|
| Jamaica | AMR | UMI | <i>National Policy for the Promotion of Healthy Lifestyles in Jamaica</i> (it is not on suicide prevention specifically, but it seeks to reduce “risk behaviours that lead to violence, unintentional injury and suicide”) https://extranet.who.int/mindbank/item/4901 | English | 2004 | |
| Japan | WPR | HI | <i>自殺対策大綱 (Suicide Prevention Policy 2007; revised in 2012)</i> <i>The General Principles of Suicide Prevention Policy Toward the Creation of a Society Where No One Is Driven to Suicide (Cabinet Decision, 28th August 2012)</i> <i>Basic Law on Suicide Countermeasures* (Law No. 85 of 2006) Revised by the Diet, March 22, 2016</i> <i>General Principles of Suicide Prevention Policy — Realizing a Society in Which No One Is Driven to Take Their Own Life (Cabinet Decision, 25th July 2017)</i> https://extranet.who.int/mindbank/item/761 https://extranet.who.int/mindbank/item/6766 https://extranet.who.int/mindbank/item/6767 https://extranet.who.int/mindbank/item/6768 | English (docs in Japanese also available) | 2007, 2012, 2016, 2017 | n/a |
| Kenya | AFR | LMI | Suicide prevention strategy 2021–2026 [Kenya] https://extranet.who.int/mindbank/item/7527 | English | 2021? | 2021–2026 |
| Lithuania | EUR | HI | <u>ISAKYMAS DĖL PSICHIKOS SVEIKATOS STRATEGIJOS ĮGYVENDINIMO IR SAVIŽUDYBIŲ PREVENCIJOS VEIKSMŲ PLANO 2016–2020 METAMS PATVIRTINIMO (Mental health and suicide prevention action plan 2016 — 2020)</u> https://extranet.who.int/mindbank/item/6755 <u>ISAKYMAS DĖL NACIONALINIO SAVIŽUDYBIŲ PREVENCIJOS VEIKSMŲ 2020–2024 METŲ PLANO PATVIRTINIMO (National plan on suicide prevention for 2020–2024)</u> https://extranet.who.int/mindbank/item/7000 | Lithuanian | 2016 2020 | 2016–2020 2020–2024 |

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|-------------|-------------|---------------------------|--|----------|------------------|--------------------------|
| Luxembourg | EUR | HI | <i>Plan National de Prévention du Suicide Luxembourg 2015 – 2019 (National Suicide Prevention Plan for Luxembourg 2015–2019)</i> https://extranet.who.int/mindbank/item/6095 | French | 2014 | 2015–2019 |
| Malaysia | WPR | UMI | <i>National Strategic Plan for Mental Health 2020–2025</i> https://www.moh.gov.my/moh/resources/Penerbitan/Rujukan/NCD/National%20Strategic%20Plan/The_National_Strategic_Plan_For_Mental_Health_2020-2025.pdf Strategy 8: Addressing suicide and suicidal behaviour (pp. 69–70) <i>Plan of Action on Suicide (2009)</i> https://extranet.who.int/mindbank/item/6863 | English | 2020 2009 | 2020–2025 ??? |
| Mexico | AMR | UMI | <i>PROGRAMA NACIONAL PARA LA PREVENCIÓN DEL SUICIDIO 2022 – 2024 (National programme for suicide prevention 2022–2024)</i> https://www.gob.mx/cms/uploads/attachment/file/757845/PNPS_RUBRICADO_compressed.pdf | Spanish | ??? | 2022–2024 |
| Namibia | AFR | UMI | <i>National Strategic Plan on the Prevention of Suicide in Namibia 2012–2016</i> https://extranet.who.int/mindbank/item/6272 | English | 2011 | 2012–2016 |
| Netherlands | EUR | HI | <i>Landelijke Agenda Suicide Preventie 2018–2021 (National Suicide Prevention Agenda 2018–2021)</i> https://extranet.who.int/mindbank/item/6757 | Dutch | ??? | 2018–2021 |

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|-------------|-------------|---------------------------|--|-----------|------------------|--------------------------|
| New Zealand | WPR | HI | <p><i>New Zealand Suicide Prevention Strategy 2006–2016</i> <i>New Zealand Suicide Prevention Action Plan 2008–2012</i> <i>New Zealand Suicide Prevention Action Plan 2013–2016</i> https://extranet.who.int/mindbank/item/394 https://extranet.who.int/mindbank/item/390 https://extranet.who.int/mindbank/item/3839</p> | English | 2006 | 2006–2016 |
| | | | <p><i>Every Life Matters — He Tapu te Oranga o ia Tangata: Suicide Prevention Strategy 2019–2029 and Suicide Prevention Action Plan 2019–2024 for Aotearoa New Zealand</i> https://www.health.govt.nz/system/files/documents/publications/suicide-prevention-strategy-2019-2029-and-plan-2019-2024-v2.pdf</p> | | ?? | 2019–2024 |
| Nicaragua | AMR | LMI | <p><i>Estrategía Nacional de Prevención del Suicidio. Plan Nacional de Promoción de Vida (National Strategy on Suicide Prevention. National Plan on Life Promotion)</i> https://extranet.who.int/mindbank/item/2849</p> | Spanish | 2000 | ?? |
| Norway | EUR | HI | <p><i>Handlingsplan for forebygging av selvmord og selvskading 2014–2017 (Action plan for the prevention of suicide and self-harm 2014–2017)</i> https://extranet.who.int/mindbank/item/5371</p> | Norwegian | ?? | 2014–2017 |
| | | | <p><i>Handlingsplan for forebygging av selvmord 2020–2025 (Action plan for prevention of suicide 2020–2025)</i> https://www.regjeringen.no/contentassets/ef9cc6bd2e0842bf9ac722459503f44c/regjeringens-handlingsplan-for-forebygging-av-selvmord-2020-2025.pdf</p> | | ?? | 2020–2025 |
| | | | <p><i>Nasjonale retningslinjer for forebygging av selvmord i psykisk helsevern (National guidelines for the prevention of suicide in psychiatric care)</i> https://extranet.who.int/mindbank/item/1247</p> | | 2008 | NA |

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|-------------|-------------|---------------------------|--|----------------------------------|------------------|--------------------------|
| Panama | AMR | HI | <p><i>Plan para la prevencion y control de la conducta suicida en Panama 2006 (National Plan for Prevention of suicide 2006)</i> https://extranet.who.int/mindbank/item/6093</p> <p><i>Ley 174 que establece el compromiso juridico del abordaje integral de las conductas de riesgo suicida (Law 174 which establishes the legal framework for a comprehensive approach to suicidal risk behaviours)</i> https://extranet.who.int/mindbank/item/7421 https://www.gacetaoficial.gob.pa/pdfTemp/29147/81655.pdf</p> | Spanish | 2006 2020 | ?? |
| Paraguay | AMR | UMI | <p><i>Ley N° 6.169 de prevención y atención de personas en riesgo de suicidio (Law No. 6.169 prevention and care of people at risk of suicide)</i> https://extranet.who.int/mindbank/item/7422</p> <p>https://www.bacn.gov.py/leyes-paraguayas/8689/ley-n-6169-de-prevencion-y-atencion-de-personas-en-riesgo-de-suicidio [English]</p> | Spanish/ English | 2018 | |
| Portugal | EUR | HI | <p><i>Plano Nacional de Prevenção do Suicídio 2013-2017 (National Plan for Suicide Prevention – 2013-2017)</i> https://extranet.who.int/mindbank/item/2343</p> | Portuguese | 2013 | 2013-2017 |
| South Korea | WPR | HI | <p><i>(Act for the Prevention of Suicide and the Creation of Culture of Respect for Life)</i> https://extranet.who.int/mindbank/item/4061</p> <p><i>(National Action Plan for Suicide Prevention)</i> https://extranet.who.int/mindbank/item/6785</p> | Korean/ English Korean | 2011 2018 | na na |

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|-----------|-------------|---------------------------|--|----------|------------------|--------------------------|
| Spain | EUR | HI | <i>Afrontando la realidad del suicidio – Orientaciones para su prevención (Facing the reality of suicide – Guidelines for prevention)</i> https://extranet.who.int/mindbank/item/886 | Spanish | 2006 | ?? |
| Sri Lanka | SEAR | LMI | <i>National Policy and Action Plan on Prevention of Suicide 1997</i> https://extranet.who.int/mindbank/item/6096 | English | 1997 | ?? |
| Suriname | AMR | UMI | <i>Nationaal Suicide Preventie- en Interventieplan 2016-2020 (National suicide prevention and intervention plan 2016-2020)</i> https://extranet.who.int/mindbank/item/6765 [new strategy under consideration 2021] | Dutch | 2016 | 2016-2020 |
| Sweden | EUR | HI | <i>Utdrag ur Regeringens proposition 2007/08:110: En förnyad folkhälsopolitik: Kapitel 8: Självordsprevention (Excerpt from the Government Bill 2007/08: 110 – A renewed public health policy: Chapter 8: Suicide Prevention)</i> https://extranet.who.int/mindbank/item/1208 | Swedish | 2007/08 | ??? |
| | | | <i>Support in Suicidal Crises: The Swedish National Programme to Develop Suicide Prevention</i> https://extranet.who.int/mindbank/item/5200 | English | 1995 | ??? |

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|-----------------|-------------|---------------------------|---|--------------------|------------------|--------------------------|
| Switzerland | EUR | HI | <i>Suicide prevention in Switzerland: Starting point, need for action and action plan (2016)</i> https://extranet.who.int/mindbank/item/6764 | German/ English | 2016 | ??? |
| | | | <i>Suizid und Suizidprävention in der Schweiz; Prévention du suicide et repérage; Prevenzione del suicidio e riconoscimento precoce (Suicide and suicide prevention in Switzerland)</i> https://extranet.who.int/mindbank/item/2900 | German/ French | 2005 | ??? |
| Thailand | SEAR | UMI | <i>(Guidelines for Enhancing Suicide Prevention Measures 2020–2021)</i> https://extranet.who.int/mindbank/item/7413 | Thai | 2020 | ??? |
| UK — England | EUR | HI | <i>Preventing suicide in England: Fifth progress report of the cross-government outcomes strategy to save lives</i> https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/973935/fifth-suicide-prevention-strategy-progress-report.pdf | English | 2021 | NA |
| | | | <i>Suicide prevention: cross-government plan</i> https://extranet.who.int/mindbank/item/6943 | | 2019 | ??? |
| | | | <i>Preventing suicide in England A cross-government outcomes strategy to save lives</i> https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/430720/Preventing-Suicide-.pdf https://extranet.who.int/mindbank/item/2092 | | 2012 | ??? |

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|-----------------------|-------------|---------------------------|--|----------|------------------|--------------------------|
| UK — Northern Ireland | EUR | HI | <i>Protect Life 2 — A Strategy for Preventing Suicide and Self Harm in Northern Ireland 2019 — 2024</i> https://extranet.who.int/mindbank/item/7287 | English | 2019 | 2019-2024 |
| | | | <i>The Northern Ireland Suicide Prevention Strategy 2012 — March 2014</i> https://extranet.who.int/mindbank/item/5333 | | 2012 | 2012-2014 |
| | | | <i>The Northern Ireland Suicide Prevention Strategy Action Plan 2012 — March 2014</i> https://extranet.who.int/mindbank/item/5334 | | 2012 | 2012-2014 |
| | | | <i>The Northern Ireland Suicide Prevention Strategy and Action Plan 2006-2011</i> https://extranet.who.int/mindbank/item/1447 | | 2006 | 2006-2014 |

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|---------------|-------------|---------------------------|---|----------|------------------|--------------------------|
| UK — Scotland | EUR | HI | <i>Creating Hope Together: Scotland's suicide prevention strategy 2022-2032</i> https://www.gov.scot/publications/creating-hope-together-scotlands-suicide-prevention-strategy-2022-2032/documents/ | English | 2022 | 2022-2032 |
| | | | <i>Creating Hope Together: Scotland's suicide prevention action plan 2022-2025</i> https://www.gov.scot/publications/creating-hope-together-scotlands-suicide-prevention-action-plan-2022-2025/documents/ | | 2022 | 2022-2025 |
| | | | <i>[Scotland's] Suicide prevention action plan "Every Life Matters"</i> https://extranet.who.int/mindbank/item/6783 | | 2018 | 2018-2022 |
| | | | <i>[Scotland's] Suicide prevention strategy 2013-2016</i> https://extranet.who.int/mindbank/item/5335 | | 2013 | 2013-2016 |
| | | | <i>Choose Life: A national strategy and action plan to prevent suicide in Scotland</i> https://extranet.who.int/mindbank/item/1139 | | 2002 | 2003-2013 |
| UK — Wales | EUR | HI | <i>Suicide and Self Harm Prevention Strategy for Wales 2015-2020 "Talk To Me 2"</i> https://gov.wales/sites/default/files/publications/2019-08/talk-to-me-2-suicide-and-self-harm-prevention-strategy-for-wales-2015-2020.pdf https://gov.wales/sites/default/files/publications/2019-06/talk-to-me-2-suicide-and-self-harm-prevention-action-plan-for-wales-2015-2020.pdf | English | 2015 | 2015-2020 |
| | | | <i>The National Action Plan to Reduce Suicide and Self Harm in Wales 2009-2014 "Talk To Me"</i> http://www.famouspeoplert.co.uk/professionals/O91102publicen.pdf | | 2009 | 2009-2014 |

| Country | WHO region* | World Bank income level** | Document title and link | Language | Publication date | Strategy start/end dates |
|-----------------|-------------|---------------------------|---|----------|------------------|--------------------------|
| Uruguay | AMR | HI | <i>Plan Nacional de prevención del Suicidio, Para Uruguay 2011-2015 “Un compromiso con la vida” (National Suicide Prevention Plan for Uruguay 2011-2015. “A commitment to life.”)</i> https://extranet.who.int/mindbank/item/3288 | Spanish | 2011 | 2011-2015 |
| USA | AMR | HI | <i>[USA] The Surgeon General’s Call to Action TO IMPLEMENT THE NATIONAL STRATEGY FOR SUICIDE PREVENTION</i> https://www.hhs.gov/sites/default/files/sprc-call-to-action.pdf | English | 2021 | NA |
| | | | <i>[USA] National Strategy for Suicide Prevention: Goals and Objectives for Action – A report of the U.S. Surgeon General and of the National Action Alliance for Suicide Prevention</i> https://www.ncbi.nlm.nih.gov/books/NBK109917/pdf/Bookshelf_NBK109917.pdf | | 2012 | NA |
| | | | <i>[USA] National strategy for suicide prevention: goals and objectives for action</i> https://www.ncbi.nlm.nih.gov/books/NBK44281/pdf/Bookshelf_NBK44281.pdf | | 2001 | NA |
| USA (continued) | | | <i>National Suicide Prevention Strategy. Compendium of federal activities.</i> https://extranet.who.int/mindbank/item/2092 | English | 2009 | NA |
| | | | <i>American Indian/Alaska Native National Suicide Prevention Strategic Plan 2011-2015 -</i> https://extranet.who.int/mindbank/item/2170 | | 2011 | 2015 |
| Uzbekistan | EUR | LMI | <i>(Strategy on suicide prevention in Uzbekistan 2010-20)</i> https://extranet.who.int/mindbank/item/6763 | Uzbek | 2010 | 2010-2020 |

NA: not applicable

Included countries: sources

- World Health Organization (2018). *National suicide prevention strategies: progress, examples and indicators*. WHO: Geneva. <https://www.who.int/publications/i/item/national-suicide-prevention-strategies-progress-examples-and-indicators> (Appendix 1, pp. 45–46).
- Personal communication from Dr Alexandra Fleischmann, Focal Point for Suicide Prevention Mental Health (MHE), Department of Mental Health and Substance Use, World Health Organization, Geneva, Switzerland, 15 November 2022.
- Personal communication from Dr Lakshmi Vijayakumar, Department of Psychiatry, VHS Hospital Chennai, India, 21 November 2022.
- Personal communication from Dr Alys Cole-King, 4 Mental Health, Wales, UK, 3 April 2023.

*WHO regions

AFR Africa
AMR Americas
EMR Eastern Mediterranean
EUR Europe
SEAR South-East Asia
WPR Western Pacific

Source: <https://ourworldindata.org/grapher/who-regions>

**World Bank income level (2022)

HI High
UMI Upper middle
LMI Lower middle
LI Low
NC Not classified

Source:

<https://datahelpdesk.worldbank.org/knowledgebase/articles/906519>
<http://databank.worldbank.org/data/download/site-content/CLASS.xlsx>